



[www.medizin-hilft.org](http://www.medizin-hilft.org)  
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Dear Prospect,

You have two green medical service forms. One of these forms entitles you to see a doctor in Germany in case of acute illness or pain. Preventive check-ups or vaccinations are also possible.

Please make sure to mind the following important points:

You receive a green form four times per year.

Each form is then valid for the following months: January – March, April – June, July – September, October – December.

If you go to a doctor's office, you have to take this form with you and submit it to the assistants. In case it is a General Practitioner (German: Arzt für Allgemeinmedizin), you will have to return to this doctor each time you need medical care in the future and ask for a referral (German: "Überweisung") in the event you want to consult another doctor (e.g., a specialist).

If you want to go to a doctor with your children, please see a paediatrician for child and adolescent medicine (German: Kinder-und Jugendarzt) and submit your green form there. If other specialists should be necessary, the paediatrician can refer you to such a specialist. Adolescents up to the age of 18 can also be treated by a paediatrician.

In case you go directly to a specialist (e.g. a dermatologist, Ear-Nose-Throat, gynecologist.....) with your green form, it is very important that you ask for another form there called "Überweisung Allgemeinmedizin" (referral to a General Practitioner/GP) so that you can see a GP in the event of a "general" illness.

If you have any medical records (e.g., vaccination record), please take them along when you see a doctor.

In the event you have to go to the First Aid or Emergency section of a hospital: Please make sure to take your residence title (German: "Aufenthaltsgestattung") along with your ID and green form!

The hospital will make a copy of your green form – please take the original form back with you.

The other green form with the letter „Z“ entitles you to see a dentist (German: "Zahnarzt").

Please show this notice to the attending doctor.

Kind regards

